

PILATES INSTRUCTOR MO SHERRING

HORSE WHISPERER, HEALER

CHARLOTTE MACKENZIE

are offering a unique opportunity to experience a harmonious connection between horse and rider.

Develop the understanding of the importance of combining the basic principals of pilates with the sensitivity and feeling of the horse

Mo Sherring

- Pilates Institute Trained Remedial Pilates Instructor for 12 years,
- Worked with Therapeutic Riding 25 years
- Isle of Man Riding for the Disabled Senior Instructor (RDAI)
- Worked in many different capacities in the horse world
- Speciality Side Saddle
- Member of S.S.A. since 1974
- Isle of Man Special Olympics Head Equestrian Dressage Coach
- Reiki Master - Dynamic Stability Instructor
- Formal Teaching Qualifications - City Guilds London

Charlotte Mackenzie

- Canadian Junior Champion Dressage Rider (Canada)
- Assistant Racehorse Trainer (USA)
- Competition Yard Manager (USA)
- Equine Sports Massage Therapist (USA)
- Reiki Healer (UK)
- Massage Therapist (UK)

& the whispering... that came from the horses.

*Workshops available at Moaney Moar Farm
Cronk y Voddy, Kirk Michael
Other venues by arrangement on or off Island
EVERYBODY WELCOME*

For details contact

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